



**LOYOLA COLLEGE (AUTONOMOUS), CHENNAI – 600 034**

**M.Sc. DEGREE EXAMINATION – MEDICAL SOCIOLOGY**

**SECOND SEMESTER – APRIL 2015**

**SO 2953 - HEALTH PSYCHOLOGY**

Date : 25/04/2015  
Time : 01:00-04:00

Dept. No.

Max. : 100 Marks

**SECTION-A**

**Answer the following in 30 words each:**

**(10x2=20 marks)**

1. Define health Psychology.
2. How is culture connected to health?
3. Explain the link between eating habits and health.
4. Sexual behavior constitutes the mind body interdependence. Explain.
5. How does an illness affect the personality of a man?
6. Mention the factors which cause stress.
7. What is 'patient adherence'?
8. Mention any two consequence of non-adherence.
9. Name the approaches to health promotion.
10. Write a Short note on the Immunization Program.

**SECTION-B**

**Answer any FIVE of the following in about 300 words each:**

**(5x8=40 marks)**

11. Describe the main characteristics of community health Psychology.
12. Highlight a few major global trends and how they impact human health
13. Discuss the social and cultural aspects of food and eating..
14. What is health communication ?Discuss the importance of doctor patient communication
15. How does stress make us more susceptible to physical illness?
16. What are the parental reasons for non-immunization of children?
17. Explain the three main contributing influences on health that are mirrored in theories of smoking.

**SECTION-C**

**Answer any TWO of the following in 1200 words each.**

**(2x20=40marks)**

18. Describe the health beliefs and practices in some of the major cultures of the world.
19. Elucidate the health risks associated with the consumption of alcohol as well as the possible health benefits.
20. Discuss in detail the various personal Social and treatment characteristics associated with patient non-adherence.
21. Elaborate the theories of pain and pain management strategies.

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